

Play, Learn & Explore Together
**SANJEEWANI SCHOOL: A COZY HOME HAPPY
SCHOOL**

Nagarjun-2, Rumba Chowk, Sanobharyang, Kathmandu

A Message from the Managing Director

Dear Parents and Guardians,

It is with great pleasure that I extend a warm welcome to you and your family to Sanjeevani School. As the managing director of our esteemed school, I am honored to introduce you to our vibrant community dedicated to providing exceptional early childhood education.



At Sanjeevani School, we understand the profound impact that quality early education can have on a child's future. That's why we are committed to offering a nurturing, stimulating, and enriching environment where young minds can flourish and reach their full potential. Our innovative curriculum, designed by experienced educators and inspired by the latest research in early childhood development, ensures that each child receives a well-rounded education that lays the foundation for lifelong learning.

As managing director, I am deeply invested in ensuring that Sanjeevani School remains at the forefront of early childhood education, continually striving for excellence and innovation. Our dedicated team of educators shares this commitment and works tirelessly to create dynamic learning experiences that spark curiosity, foster creativity, and cultivate essential skills for success in school and beyond.

At Sanjeevani School, we believe in the power of partnership between educators, parents, and the community. We recognize that parents are their child's first and most influential teachers, and we value the importance of open communication, collaboration, and mutual respect in supporting each child's individual needs and aspirations.

As you explore our brochure and learn more about what Sanjeevani School has to offer, I invite you to envision the bright future that awaits your child within our walls. I encourage you to reach out with any questions or to schedule a visit to experience firsthand the warmth, enthusiasm, and dedication that define our school community.

Thank you for considering Sanjeevani School for your child's early education journey. Together, let us embark on a partnership that nurtures the unique talents and passions of your child, laying the groundwork for a lifetime of success and fulfillment.

Warm regards,

Hira Khanal

- ✓ **20 Years of Experience of Teaching**
- ✓ **Worked as Principal already for 12 years**
- ✓ **M. A. English, MPhil in STEAM Education**
- ✓ **Early Childhood Education Expert**

A Message from the Principal

Dear Parents and Guardians,

Welcome to Sanjeevani School, where we believe that every child is a unique individual with endless potential waiting to be discovered. As the proud principal of our beloved school, I am delighted to extend a warm invitation to you and your family to join our nurturing community dedicated to early childhood education.



At Sanjeevani School, we strive to create a safe, supportive, and stimulating environment where children can explore, learn, and grow while playing at their own pace. Our experienced and passionate team of educators is committed to providing each child with the tools, guidance, and encouragement they need to thrive academically, socially, and emotionally.

Through our play-based curriculum, inspired by the latest research in early childhood development, we foster a love of learning that lasts a lifetime. Our classrooms are vibrant spaces where imagination knows no bounds, and every discovery is celebrated. From literacy and numeracy skills to creative expression and social interactions, we empower children to become confident, curious, and compassionate individuals.

At the heart of our school community is a strong partnership between educators and parents. We believe that by working together, we can provide the best possible support for each child's journey of growth and discovery. We welcome and encourage parental involvement in our school activities, events, and decision-making processes, recognizing the invaluable role that parents play in their child's education.

As you explore our brochure and learn more about what Sanjeevani School has to offer, I invite you to reach out with any questions or to schedule a visit. We would be delighted to show you around our facilities, introduce you to our dedicated staff, and share firsthand the warmth and positivity that define our school community.

Thank you for considering Sanjeevani School for your child's early education journey. We look forward to the opportunity to partner with you in nurturing the unique gifts and potential of your precious little one.

Warm regards,

Sabita Shahi Khanal,

- ✓ **MBS, 20 Years of Experience in Teaching**
- ✓ **Montessori/CTF Training, ECEC Training**
- ✓ **Worked as Principal already for 5 years**
- ✓ **Early Childhood Education Expert**

Message from Consultant/Trainer

It gives me a great pleasure to inform you about the exciting changes taking place at Sanjeevani School in my capacity as school consultant. Our goal at Sanjeevani is to support our children's whole growth. We think that academics are only one aspect of a well-rounded education. For this reason, we place equal importance on each student's general development and well-being as well as their listening, speaking, reading and writing abilities.



Our curriculum is meant to inspire a love of learning and provide pupils with the tools they need to read and write with confidence. Our goal is to foster each child's abilities and strengths by providing them with personalized attention, stimulating activities, and a nurturing atmosphere. We, at Sanjeevani are aware that dedication encompasses more than simply what takes place in the classroom. For this reason, we provide a variety of extracurricular activities and chances for students to discover their passions, grow as readers, and form deep bonds with their classmates.

We are dedicated to giving our children the greatest educational experiences as we work together as partners in their education. Let's encourage and assist one another as our kids set out on their path of self-discovery and progress.

Warm Regards,

Pratima Lama

- ✓ School consultant: 9 years of experience
- ✓ National Parenting Education Trainer
- ✓ Co-founder: Smart Parenting Nepal & Utpala Educational Organization

Introduction:

SANJEEWANI SCHOOL, established and operated by academic persons who have decades of experiences in Child Development and Child Education, is a Child-Centered and Play-based innovative school adopting age-based curriculum that ensures holistic development of the students. We believe that every child is born with distinct nature, interests and talents, and it is our responsibility to create the environment that ensures child's holistic growth to be a competent adult. At Sanjeevani School we respect individual differences and interests offering a safe and happy learning environment. Sanjeevani School is committed to providing our children with safe and caring environment that makes us a Cozy Home Happy School. Our fresh and hygienic nutritional food gives children the sense of home with motherly love. So, they enjoy coming to school even on the holidays.

Vision Statement:

"To be a **Play-Based Child-Centered Cozy Home Innovative School** that ensures **Holistic Development** of students while nurturing sound mind, moral values and social responsibilities. At Sanjeevani School, we celebrate students' inquisitiveness and foster a culture of collaboration, communication, curiosity, critical thinking, and creativity (**5C's**). Our graduates will emerge as compassionate leaders, equipped with a profound respect for diverse cultures and human values, empowered to make a positive impact on both the global stage and within their local communities (**3H**). At Sanjeevani School, we Evaluate children's learning in a continuous process while igniting their prior knowledge Engaging them in brainstorming leading Exploring true knowledge to Explain their own findings, and to Elaborate what they have learnt (**5E model**).

Mission Statement:

"At Sanjeevani School, our mission is to provide an inclusive and empowering learning environment that promotes the holistic development of every student. We are committed to cultivating strong moral values, such as integrity, empathy, and social responsibility, nurturing individuals who embody ethical principles in all aspects of life. We value the inquisitive nature of our students, encouraging them to engage, explore, explain and elaborate while inviting to question, and collaborate in their pursuit of knowledge. Through an aged-based progressive curriculum, we equip our students with the creativity and critical skills needed to excel in a rapidly changing world.

We foster global competency by exposing our students to diverse perspectives and cultures, preparing them to thrive in an ever-evolving global society. We instill a deep appreciation for cultural diversity and human values, fostering an environment of mutual respect and understanding. With unwavering support and motivation from our dedicated educators, students at Sanjeevani School, develop the confidence to lead and innovate, both on the local and global stage. As they embrace their roles as responsible citizens and leaders, our graduates become catalysts for positive change in their communities and beyond."

Core Values:

At Sanjeevani School, we are dedicated to providing a holistic and inclusive education grounded in the philosophy of Early Childhood Development. We value:

- 1. Academic Excellence:** We strive for excellence in all aspects of education, nurturing a culture of continuous improvement and setting high standards for academic achievement and personal growth.
- 2. Child-Centered Learning:** We believe in nurturing each child's unique potential through personalized, child-centered education that respects their individual needs, interests, and abilities.
- 3. Independence and Self-Discipline:** We cultivate independence, self-motivation, and self-discipline in our students, empowering them to make choices, solve problems, and take ownership of their learning journey.
- 4. Respect for the Child:** We honor and respect each child as a capable individual, fostering a nurturing and supportive environment where children can freely explore, discover, and express themselves.
- 5. Holistic Development:** We embrace a holistic approach to education that fosters intellectual, emotional, social/behavioral, and physical development, nurturing the whole child and preparing them for lifelong success.
- 6. Multiple Intelligence (MI):** We cultivate multiple intelligence in the children to ensure their all-round development through inquiry and activities-based teaching.
- 7. Hands-On Learning and Exploration:** We provide hands-on, experiential learning experiences that engage children's senses and curiosity, encouraging them to explore, experiment, and discover the world around them.
- 8. Community and Collaboration:** We foster a sense of community and collaboration within our school, where children learn to work together, respect others, and contribute positively to their classroom community and beyond.
- 9. Life-Long Love for Learning:** We instill a life-long love of learning by nurturing curiosity, creativity, and a passion for knowledge, laying a strong foundation for academic success and personal growth.

- 10. Cultural Diversity and Inclusivity:** We celebrate cultural diversity and inclusivity, promoting understanding, respect, and appreciation for different cultures, languages, and perspectives within our school community.
- 11. Joyful Learning and Creativity:** We foster joyful and creative learning experiences that ignite children's imagination, curiosity, and love for learning, encouraging them to express their creativity and pursue their interests.
- 12. Critical Thinking and Problem Solving:** We emphasize critical thinking, problem-solving, and analytical skills, empowering children to ask questions, think critically, and find innovative solutions to real-world challenges.
- 13. Emotional Intelligence and Mindfulness:** We promote emotional intelligence and mindfulness practices, helping children develop self-awareness, empathy, compassion, and resilience to navigate life's complexities with grace and mindfulness.
- 14. Adaptability and Resilience:** We nurture adaptability and resilience, teaching children to embrace challenges, learn from setbacks, and develop the flexibility and resilience needed to thrive in an ever-changing world.
- 15. Parent Partnership and Involvement:** We value partnership and collaboration with parents, fostering open communication, involvement, and support to ensure the success and well-being of each child.
- 16. Nurture Individual Growth:** We recognize and celebrate the unique talents, interests, and capabilities of each student, fostering their self-discovery and intellectual, emotional, and creative development.
- 17. Self-Directed Learning:** Sanjeevani School places a strong emphasis on student autonomy and self-guided learning. Students take responsibility for setting their learning goals, managing their time, and selecting resources.
- 18. Play-Way Learning:** Our play way method of integrating educational content into games and simulations can make learning more engaging and interactive. It helps promote critical thinking, decision-making, and problem-solving skills.
- 19. Smart Digi-School:** We manage and scrutinize school environment digitally. Our school surrounding and classrooms are under surveillance of CCTV camera and account and students records via our school's own app. Our guardians/parents get digital messages, notices and invoices in their mobiles via our School's own app. Our Video lessons bring into the use of two powerful educational theories, MI & VAK. Our parents can watch our visual lessons on their televisions, mobiles and computers which ease them to assist their child at home.

Characteristics of Our Students:

Sanjeevanites strive to be:

- 1. Inquirers:** They develop their natural curiosity. They acquire the skills necessary to conduct inquiry and research and show independence in learning. They actively enjoy learning and this love of learning will be sustained throughout their lives.
- 2. Knowledgeable:** They explore concepts, ideas and issues that have local and global significance. In so doing, they acquire in-depth knowledge and develop understanding across a broad and balanced range of disciplines.
- 3. Thinkers:** They exercise initiative in applying thinking skills critically and creatively to recognize and approach complex problems, and make reasoned, ethical decisions.
- 4. Communicators:** They understand and express ideas and information confidently and creatively in more than one language and in a variety of modes of communication. They work effectively and willingly in collaboration with others.

5. **Principled:** They act with integrity and honesty, with a strong sense of fairness, justice and respect for the dignity of the individual, groups and communities. They take responsibility for their own actions and the consequences that accompany them.
6. **Open-minded:** They understand and appreciate their own cultures and personal histories, and are open to the perspectives, values and traditions of other individuals and communities. They are accustomed to seeking and evaluating a range of points of view, and are willing to grow from the experience.
7. **Caring:** They show empathy, compassion and respect towards the needs and feelings of others. They have a personal commitment to service, and act to make a positive difference to the lives of others and to the environment.
8. **Risk-takers:** They approach unfamiliar situations and uncertainty with courage and forethought, and have the independence of spirit to explore new roles, ideas and strategies. They are brave and articulate in defending their beliefs.
9. **Balanced:** They understand the importance of intellectual, physical and emotional balance to achieve personal well-being for themselves and others.
10. **Reflective:** They give thoughtful consideration to their own learning and experience. They are able to assess and understand their strengths and limitations in order to support their learning and personal development.

Our Philosophy:

At Sanjeevani School, we believe that every child is a natural-born learner with a unique set of talents and interests. Our Progressive Inquiry-Based Learning (PIL) pedagogy is rooted in the belief that education should be a dynamic and transformative journey for holistic development, sparking curiosity, critical thinking, creativity, collaboration, communication skills and fostering a love for lifelong learning. Sanjeevani School empowers students to be critical thinkers, resilient problem-solvers, and compassionate leaders, equipping them with the skills and values necessary to succeed in an ever-changing world.

Curriculum:

Sanjeevani School follows Child-Centered and Play-Based Method to deal with aged-based curriculum where our students play, learn and explore skills and knowledge. Learning is never a burden, but a fun with us. Children below 4 years do lots of pre-writing and identification exercises and games. Researches have proved that 90 percent of a brain development occurs by the age of 5 years. So, their physical, Mental, Social/behavioral and Emotional development are carried out together through carefully designed and actively tailored play activities. After 4 years, writing practices are started along with holistic development. Children's language, mathematics and communicative bases are developed during this stage. In 5-6 years, they developed much higher skills words formation, sentence formation, story-telling, communication and cultural and social skills. Our approach is Thematic Approach with lots of colours, arts and crafts. Many games and activities are designed and tailored carefully so that children learn while playing. "There's no better learning than while playing."

Our Digital Books and Curriculum Partner:

Sanjeevani School has, now, partnered with Creative Smart Pathshala for thematic approach- based course books, workbooks and digital books which are designed to revolutionize traditional teaching methods by incorporating two powerful educational theories: Multiple Intelligence (MI) and Visual-Auditory-Kinesthetic (VAK) theory. This course is approved by the government of Nepal's Curriculum Development Center and follows the guidelines and recommendations made by CDC, Nepal.

Multiple Intelligence theory, proposed by Howard Gardner, suggests that intelligence is not a singular entity but a multifaceted spectrum. It identifies eight distinct intelligences, including linguistic, logical-mathematical, spatial, bodily-kinesthetic, musical, interpersonal, intrapersonal, and naturalistic intelligences. By recognizing and nurturing these varied intelligences, educators can cater to the diverse learning styles and strengths of individuals.

Additionally, the VAK theory posits that individuals have different preferences for absorbing information: visual, auditory, or kinesthetic. Visual learners prefer visual aids such as diagrams and charts, auditory learners benefit from verbal explanations and lectures, while kinesthetic learners thrive through hands-on experiences and movement.

Our course combines the principles of both MI and VAK theories to create an inclusive and dynamic learning environment. Participants will explore strategies to identify the dominant intelligences and preferred learning styles of their students or audience. They will learn to tailor instructional materials and activities to accommodate these preferences, thus maximizing engagement and comprehension.

Digital Classrooms:

Sanjeevani teachers use interactive whiteboards to enhance their lessons. The boards have a digital projector and a special screen that records and saves what is written on it. The boards also allow immediate Internet connectivity from the classrooms and allows surfing internet for any resources. They are rich instructional tools used by both teachers and students. Every lesson of our curriculum is available in real classroom instructional videos, and our students can watch them at school and at home, too, in an app provided to the guardians. If any child is absent at school, s/he won't have to miss the lesson; s/he can watch at home on mobile or TV or computer.

Differential Approach:

“It is foolish to judge a fish by its capacity to climb a tree.” We believe in differential teaching. We believe that every child is born with distinct nature, interests and talents, and it is our responsibility to create the environment that ensures child's holistic growth to be a competent adult. All students don't have the same way of understanding. Teaching strategies to fulfill the needs of different types of readers: Visual, Auditory and Kinesthetic (VAK), are applied along with Reading and Writing to develop multiple intelligence (MI). At Sanjeevani School we respect individual differences and interests offering a safe and happy learning environment. Sometimes a child may experience academic difficulties. In such cases teachers will assist students, either individually or in small groups, to minimize discrepancy between age and grade or between grade and academic achievement in a particular subject.

Teachers and Staffs: The basic requirement for working at Sanjeevani School as teachers and staffs is interest in children. We recruit teachers with ECEC and other play-based trainings. We recurrently organize trainings and workshops at school, and even participate them on online and face-to-face trainings and workshops. Our teachers are academically high, morally sound and competent in subject matter and methodology. They have good knowledge and dedication on early childhood education. Our non-teaching staffs are also highly fond of children and handle them delicately.

Facilities:

Sanjeevani School is an exemplary Cozy Home School. Children play, eat and learn in comfortable homely environment. Classrooms are richly decorated and maintained warmth with heating system. We have sufficient play ground with green carpet and natural grass where children get to play with abundant

play materials which have teaching value. They get to engage in practical life exercises in a separate Activity Room with abundant lab materials. Children read books in the library corner with enough children books. Play areas are covered with green carpet and natural grass, so here is on chance of getting hurt and accident. We serve hygienic food as prescribed in food menu prepared and tailored by professional nutritionist; and nutritional assessments are conducted by our expert nutritionist team at least twice a year.

Laboratories:

Sanjeevani School is equipped to meet the educational needs of children in today's technologically driven world. Laboratories allow hands-on study and help students gain experience in scientific methods. The school's computer laboratory is connected to high-speed Internet. Students have unlimited access to the laboratory and are encouraged to spend their free time doing coursework and personal research. However, we maintain a strict code of conduct related to the use of the Internet and expect all students and parents to be aware of the standards. School's Montessori laboratory provides adequate academic and PLE materials to ensure experiential learning to our students. Our Science lab, Maths lab, social lab and language lab are exceptionally enriched which add-on students' thirst for skills.

Library:

We believe that reading is the best way to develop vocabulary and improve comprehension skills. Moreover, book reading develops Collaborative skill, Communicative skills, Critical Thinking and Creative faculty in children. So, we provide age-based books in the library. Internet connection in our library provides access to online publications and books. Reading from a young age helps children develop a lifelong appreciation for learning.

Nutrition, Health & Medication:

Sanjeevani School is conscious about children's health & nutrition. We serve hygienic food as prescribed in food menu prepared and tailored by professional nutritionist; and nutritional assessments are conducted by our expert nutritionist team at least twice a year. Likewise, we conduct regular health check up by the specialist doctors. **Our nursing staff tailors children's health and medication in our infirmary at school. Primary medication is carried at our own school's infirmary.**

Extra-Curriculars:

Learning is a fun at Sanjeevani School with lots of games, excursions and adventures. Students in Sanjeevani School get ample opportunities to get involve in Co-curricular and Extra-curricular activities. There are regular classes of Dance, Music, singing, Yoga and Defense art. Besides, our students regularly take parts in Kinder Olympics organized by ECETA and PABSON after lots of sports practices at school. There are games and refreshment provisions in daily routine. Similarly, students are taken on exploration, excursions, hiking and swimming on the regular basis. Sanjeevanites assimilate the true essence of 'Play, Learn & Explore Together.'

Transportation:

Sanjeevani School is located 500 meters from the Ring Road at Nagarjun-2, Kathmandu. Sanjeevani has a school van for transporting students to and from school and other activities. Sanjeevani is also accessible from all parts of the Kathmandu Valley by public transportation.

Safety and Security:

Safety is the first priority of Sanjeevani School. We assure parents that we are committed to providing a safe and secure environment for their children. There are limited number of children in the class so that teacher can take care of them promptly. Our classrooms are carpeted in 3 layers so that children don't

suffer from the cold coming from the floor. Children's access areas such as staircase, passage and corridor are fully carpeted. Even the whole ground is covered with green carpet and natural grass. We pre-inform our parents even for the minor bruises, sickness or disinterest in food.

Parent Involvement:

We frequently organize programs for our parents to be involved in their child's education, such as parent workshops, volunteer opportunities, or family events. Similarly, we have planned for 4-5 PTM's in an academic year. Moreover, we engage our parents to celebrate cultural festivals and events, based on communities, with our children at school so that our children get first-hand knowledge about the cultures of different communities.

Our Legacy: Our parents have shared their lots of experiences. Here's representative one:

"To,

Sanjeevani Pre-School Family!!!

We want to express our sincere gratitude to all the teachers and all school staffs who have contributed to our child's growth and curiosity for learning. Thank you all for always making our child feel special, loved and cared for. You all are a blessing not only to them but to many working parents as well.

Thank you all for hard work and dedication.

From,

Aadhyashree & Kunsel

Parents

We also wish you all for success in your life."

Enrollment Information:

We intake children mostly 2 times a year: Mid-Session Intake and New Year Intake. Mid-Session Intake occurs generally around Shreepanchami and New Year Intake occurs at the beginning of the session in Baishakh. However, we enroll children throughout the year in Play Group. Children below 2 and half years, are admitted in Play Group. Children from 3 years are in ECD-I, 4 years in ECD-II and 5 Years are in ECD-III. After that they will be graduate to Grade I at the age of 6.

To get enrollment at Sanjeevani School, parents/guardians must fill up the Registration Form available at school's front desk. They must include copies of parents' citizenship, child's birth certificate, 3 passport sized photos and certificate of immunization and submit to the school's office. The school authority grants admission after interacting with the parents and child personally.



Play, Learn & Explore Together
**SANJEEWANI SCHOOL: A COZY HOME HAPPY
SCHOOL**

Child-Centered & Play-Based Progressive School

Nagarjun-2, Rumba Chowk, Sanobharyang, Kathmandu

Tel: +977-1-4890010

Email: schoolsanjeevani@gmail.com

Facebook: Sanjeevani School

Website: sanjeevani.edu.np